

JSPC — PA&T  
October 8, 2019  
4:00 - 5:00 PM, Juneau Youth Services Board room

## **Meeting Notes**

**Present:** Julie Neyhart (volunteer), Megan Gunkel (NAMI Juneau), Jan Reece (staff), Gayle Trivette (volunteer), Hilary Young on telephone (staff), Kathryn Beers (Pres. 58 Innovators Rotary Club).

### **UPDATES What happened in September (~10 minutes)**

Jan's updates:

- Resource distribution-NAMI, 58 Innovators, Hoonah community, and SOS
- Trainings provided- NAMI, 58 Innovators, Hoonah Community, SOS, UAS and JPD
- Advertising- Used social media for advertising all events and flyers
- Outreach efforts-Reached out to City of Juneau and TSA to ask to present employee training
- Fundraising-donation was made by Valley Rotary for \$250.00 to be used for December 21<sup>st</sup> Walk for Hope
- Website updates- Hilary has not met with Hannah-Laura as of yet
- Inventory- Taylor Shae needs to get updated information to Jan for inventory. Jan has ordered new pencils and bracelets for upcoming SOS training.

### **NEW BUSINESS (~35 minutes)**

Brief presentation from Kathryn Beers on 58 Innovators Rotary Club. They are the newest Juneau Rotary Club and from a field of 7 suggested nonprofit organizations, they have chosen to support JSPC this year. Jan presented at their Oct. 3 meeting and taught suicide prevention awareness 101. They have a Fun Run fundraiser for the Rotary Polio Plus program Saturday, Oct 19 at 10 am at Riverbend Elementary School. They asked for help from JSPC volunteers in promoting. We will have Hannah-Laura help post on our social media.

October and November, 101/QPR trainings scheduled; getting volunteers involved & ready: Hilary will work with Jan on this endeavor.

List of volunteer opportunities for Oct, Nov. & December. How will we share this within our community? What is an easy & consistent way to log volunteer hours?

Volunteers needed for:

Oct. 16 Health Fair (8 am – noon),

Oct 11 UAS Depression Screening,

Nov. 12<sup>th</sup> UAS Power and Privilege,

Nov 18th Movie the Ripple Effect,

December 6th Gallery Walk,

And Dec 21st Walk for Hope at the Dimond Field House 7PM-7AM

Sign up with Jan Reece at [janr@jys.org](mailto:janr@jys.org)

Sharing volunteer opportunities with the community can be done on our JSPC Facebook page and newsletter (ask Hannah-Laura to do this).

Julie volunteered to keep track of volunteer hours. Hours can be counted by attendance at each meeting, and volunteers helping at each event. More discussion is needed for where to store the information and what format. Volunteer sign-up sheets can also be passed at monthly meetings.

## **Monthly PA & T budget balance: Where are we in our spending, what priorities do we have?**

Hilary reported the PA/T annual budget is \$13,000. We have received \$1,400 in donations that will be spent through the PA/T process and on upcoming events only. Hilary has not obtained our current spending budget for July-September and the balance from JYS accounting is unavailable.

### **Opportunity: Youth Coaches Summit, Nov. 9th.**

Call for workshops at: [beta.juneau.org/parks-recreation/zach-gordon](http://beta.juneau.org/parks-recreation/zach-gordon). Jan will make a suicide prevention training proposal appropriate for the Youth Coaches Summit on Nov. 9. **However, we will need a volunteer to present as Jan is out of town on this date. ANY VOLUNTEERS?**

### **From our annual work-plan: What are our specific actions or opportunities?**

**October**-Depression awareness & recognizing the needs of the Native community + Activities + UAS depression screening + hunter safety + seasonal transitions. **Two more Art Therapy classes are scheduled, Jan will provide gun locks and Means Reduction Brochures at the Hunter Safety classes. Partnering with SEARHC Oct. 10 Aging America Coping With Loss, Dying, & Death workshop. December 9<sup>th</sup> and 10<sup>th</sup> is the Healing for the Holidays grief workshop by SEARHC.**

**November**-Survivor Day on the 23rd partnership with Taku Tattoo + 11/18 screening of movie "Ripple Effect" at Gold Town Theater.

**December**-Ways to Cope with Stress/Recognize Caregivers +PSA (new or to create?) + Careline ad at the movie theatres + Careline posters, balloons, rubber bracelets for Gallery Walk (12/6)

### **UPCOMING EVENTS OR POSSIBLE EVENTS (~15 minutes)**

December 21st Fieldhouse-Walk a Thon-fundraiser-participants will compete in pledges from the community and a minimum pledge of \$25.00 is required per person. This event is organized by 58 Innovators.

Longest Night at Chapel By The Lake Church, also on December 21<sup>st</sup> JSPC has provided brochures and cards in the past.

**Other:** NAMI Xtra Tuff fundraising run/walk is 10/12 at 10 am at Riverbend School and Family Promise fundraiser dinner 10/12

**Next Meeting Tuesday Nov. 12, 2019, 4 pm at JYS Conference Room**