

JSPC — PA&T  
November 15 2019  
3:00-4:00 PM JYS Conference Room  
Minutes and Staff Report

Present: Becky Roth (Chair), Julie Neyhart (volunteer), Gayle Trivette (volunteer)

UPDATES What happened in October (~10 minutes)

1. Jan's updates:
  - resource distribution
  - trainings provided
  - advertising
  - outreach efforts
  - fundraising-donations
  - website updates
  - impact of social media platforms & newsletter engagement (updates every quarter)
  - inventory

NEW BUSINESS (~35 minutes)

2. November & December events, 101/QPR trainings scheduled; getting volunteers involved & ready; have volunteers started presenting & where do we have opportunity? **We suggest Julie and Kevin present at the Nov. Coalition monthly meeting to demonstrate use of the script developed by Kevin & how Coalition members can be involved in JSPC work. Ask Coalition members to each think of a group they know (workplace, organization, church, group of friends, etc.) they can reach out to receive a 101 presentation. We feel it's important to call this brief 15 minute training '101' because it's part of a continuum of trainings we offer, and QPR is proprietary name/fixed presentation.**
3. List volunteer opportunities for Nov. & Dec. & Jan. How will we share this within our community? How is logging volunteer time going? **For each activity scheduled for these months we need a list of volunteer tasks such as greeting and handing out JSPC resource cards or other materials at the movie Monday, tasks for other events? (11/22 JDHS Hockey Game, 11/23 Taku Tattoo, 12/6 BBBS Art Show, 12/21 Walk of Hope, 1-4 Kindness Festival, others?) Wear JSPC vests. Julie provided a spread sheet of volunteer names, activities and hours for Oct.**
4. Jan & Rachel need to host 3 ASIST trainings before June. Each training is 2 full days (16 hours) and is much like a 201 suicide prevention level training — giving some intervention skills & is beyond warning signs and resources. What sectors & contacts do we have to reach out to? Jan is reaching out to JAMHI & Hilary is contacting Bartlett. Could we create a CEU? **Arranging for CEUs seems essential for attracting attendance at these trainings. All JSPC partner groups should be invited. Other groups to approach include Troopers, JPD, Private Counselors, Gastineau Human Services, school counselors, Haven House, jail staff, T&HCC, SEARHC, Polaris House. Invite other communities (Hoonah, Gustavus, Haines etc.). Consider partnering with Kelly at Coast Guard.**
5. Monthly PA & T budget balance: Where are we in our spending, what priorities do we have? Annually our budget is \$13,000. for advertising & \$3,000. for training. This all works out to be \$3250 each quarter. First quarter: July - Sept. \$1352.92 was spent  
Second quarter: Oct - Dec. \$1340.71 has been spent to date, with ~\$1,000. Scheduled for radio advertising...leaving about \$2800 to spend down before the end of December (if we want to stay on track). **Potential advertising: productions at all high schools (sports, music, drama, graduation etc. – contact activities directors to get started), Folk Festival, Gold Medal BB Tournament, Symphony, Perseverance, Salmon Derby. Do we have banners at ice rink and high school gyms? Making contacts is labor intensive and could be initiated by volunteers. Contacts must be made several months before publication of event booklets. We'll add these recurring events into our workplan for outreach.**
6. From our annual work-plan: What are our specific actions or opportunities?

1. **November**-Survivor Day on the 23rd + recognize art as therapy + UAS Power & Privilege session + partnership with Taku Tattoo + Survivor's Banquet is scheduled for January & is renamed as JSPC Awards Dinner
2. **December**-Ways to Cope with Stress/Recognize Caregivers +PSA (new or to create?) + Careline ad at the movie theatres + Careline posters, balloons, rubber bracelets for Gallery Walk + opportunity at Gold Medal
3. January-Self-Care & Community Trainings; community partners for self-care promotion; JSPC Awards Dinner. **Consider how volunteers can be used at each event.**

#### UPCOMING EVENTS OR POSSIBLE EVENTS (~15 minutes)

7. Update on grief classes/folks enrolled & December event at Holy Trinity; SEARHC speaker; may be an event over 2 days
8. December 21st Fieldhouse-Walk a Thon-fundraiser
9. Longest Night at Chapel By The Lake Church, also on December 21<sup>st</sup> **Gayle will contact Chapel staff to offer resource materials.**
10. Other: **ROCK Juneau Kindness Festival: JSPC donate up to \$500 support. JSPC will donate 1-2 Gift bags which should have a letter inside introducing the coalition and inviting the recipient to participate. Becky will draft the letter.**