

JSPC — PA&T  
December 10, 2019  
10-11AM, JYS Administration A conference  
NOTES

**Present:** Becky Roth (Chair, R.O.C.K.Juneau), Hilary Young (JSPC Admin.), Jan Reece (JSPC Outreach and Training), Julie Neyhart (Volunteer), Walter Majoros (Volunteer), Megan Gunkel (NAMI), Kathryn Beers (Chair 58 Rotary Innovators), Gayle Trivette (Volunteer)

UPDATES What happened in November (~10 minutes)

Resource distribution: UAS, Better Health & Wellness, Family Practice, JPD, Juneau Hockey, CASA

Trainings provided: JPD, CASA, UAS, JYS orientation, JSPC Coalition, SOS with Montessori

Advertising: KINY, KTOO, flyer distribution, Facebook, Juneau Empire

Outreach efforts: The Ripple Effect film (will be showed again at UAS & USCG), Sharing is Caring

Fundraising donations:

Website updates:

Inventory: We need to order more sweatshirt, more bracelets, more LGBTQ brochures

NEW BUSINESS (~35 minutes)

**2. Jan will be gone for the Walk-a-Thon on December 21st. We need to problem-solve having coordination & coverage for this event.**

- Volunteer sign up sheet was passed. Need to pass the sign up sheet at the monthly Coalition meeting 12/18 & further encourage folks to sign up and attend.

**3. 101 training opportunities for January & February.**

- 101 is the designated name for the introductory training that is tailored to the time and interest of the group receiving it. Julie demonstrated presentation of this training at the Nov. monthly meeting of the whole coalition. It was very well received. Individual coalition members are asked to reach out and offer to arrange this training for groups with whom they have a connection. A sign up sheet should be passed at every monthly whole coalition meeting.

**4. List volunteer opportunities for Dec., Jan., & February. How will we share this within our community?**

- December – 12-21-19 Walkathon, Also check Work Plan. February – 2 day Grief Workshop in collaboration with Sitka SEARHC (date TBA) Fundraiser Awards Dinner TBA.

**5. Status update: Jan & Rachel need to host 3 ASIST trainings before June.** Each training is 2 full days (16 hours) and is much like a 201 suicide prevention level training — giving some intervention skills & is beyond warning signs and resources. Update on JAMHI & Bartlett contacts. Has the CEU application been completed? During our November meeting, many sector groups were identified for outreach.

- Hilary will arrange CEUs. JYS Residential Staff – Hilary follow up, JPD – Jan follow up, BRH – Hilary follow up. Coast Guard – Jan check with Kelly from C.G.

**6. Joab Cano has volunteered to translate our JSPC Resource cards into Spanish.** Do we want to do this & print some? What links and access do we have to Spanish speaking/reading community members?

- Joab is with Light of the World Church. Jan has a list of 4 people who can help with translation. Julie will contact Joab to begin by translating our JSPC wallet card. Need to get the current texting line used by the CARELINE (confirm that the number is 741741.)

**7. Creating a monthly calendar of recurring opportunities to advertise, donate to silent auctions or events in exchange for promotion of our messages.** What would we set for a budget for these things?

- Start with ideas from our Work Plan. Walter, Julie and Becky will work on this & this information will be embedded into the work plan with plenty of time to prepare for the event.

## 8. What are our spending priorities?

- There were spendings on advertising and other items not reflected in our chart. We will work on creating a more inclusive and complete list of expenditures > Chair, on a monthly basis, so we have accurate and current information to work with. Stay tuned!

Annual PA & T budget \$13,000. for advertising & \$3,000. for training.	Actual expenditures	Forward balance available
1st. quarter budget amt. \$3250	\$1352	\$1898
2nd. quarter budget amt. \$3250.	\$1340.71 + \$200 (+ radio?) = 1540.71	\$3607.29
3rd. quarter budget amt. \$3250.		
4th quarter budget amt. \$3250.		

## 9. From our annual work-plan: What are our specific actions or opportunities?

- Please note: The current work-plan has not been updated & the below items may not be accurate. We will continue to work on aligning our efforts and forward plans more accurately with what is happening in the community & with new arising opportunities.
1. December-Ways to Cope with Stress/Recognize Caregivers +PSA (new or to create?) + Careline ad at the movie theatres + Careline posters, balloons, rubber bracelets for Gallery Walk + opportunity at Gold Medal
  2. January-Self-Care & Community Trainings; community partners for self-care promotion; JSPC Awards Dinner
  3. February-Love, Family & Relationships, focus on promoting love & diversity AEYC conference is in March, & so is the Folk Festival. Juneau Symphony is in April.

### UPCOMING EVENTS OR POSSIBLE EVENTS (~15 minutes)

- Update on grief classes/folks enrolled & December event at Holy Trinity; (moved to February)
- December 21st Fieldhouse-Walk a Thon-fundraiser
- Longest Night at Chapel By The Lake Church, also on December 21st
- Other